Introduction

Along with the advancement of technology in the industry, we annually face irreparable events and incidents in different industries. The main causes of incidents and diseases, regardless of the degree of the development of countries, include human errors, insecure facilities, inadequate design, lack of emergency preparedness, lack of safety, health and environmental standards (1). The incidence of occupational accidents is increasing, especially in the industrial sector, in various countries. According to the World Labor Organization, annually, 250 million occupational incidents happen in the world which result in the death rates of 14 per 100,000 workers (2, 3). Occupational accidents in developing countries are 3 to 4 times more prevalent than in developed countries, such that today, occupational accidents are one of the most important problems in developing countries (4). One way to prevent work related accidents and illnesses is to identify and assess potential hazards (5). Today, more than 100 scientific and practical approaches are available to assess and improve various aspects of safety, health and prevention of accidents. One of these methods is job safety analysis (JSA). Job safety analysis is an important element in the risk management system. This technique involves the analysis of the main tasks in the job and identifying the risks and determining the safe ways to perform those tasks. Based on JSA, risk assessment is considered as the process of estimating the likelihood of an event and the importance or severity of its harmful effects. In addition to risk assessment, this process allows the team to understand the minimum risks in the system and propose appropriate control measures.
The proper implementation of JSA can be in preventing injuries, identifying the need for worker training and more significantly, in developing safety guidelines for any activity and safety management system (6). Change based analysis is a technique to assess changes, and can be used to determine the components that need to be addressed along with previous changes in order to maintain system equilibrium. Change based analysis is used both in accident prevention and investigation. Cement manufacturing industry among the industries with the highest labor load in the country. Several financial damages and morbidity and mortality are annually reported in cement industry that which puts a great financial burden on this industry (7). The cement factory in this study has also had several accident reports in different parts each year. Despite the measures taken by the factory Health and Safety Sector, a number of these accidents are being repeated annually. Therefore, a combination of change based analysis, which is an descriptive method, and JSA method were performed to investigate the conditions that lead to the occurrence of these accidents and therefore to reduce and prevent the rate of these accidents in the factory. The aims of the present study was to control the identified hazards in each sub-unit, reduce the number of accidents in the factory and to determine the applied changes in order to increase the level of safety in a central cement factory in the country.

Methods

The current cross-sectional study was carried out in one of the cement factories of Fars province in 2017. The JSA is the most important managerial tool that helps to eliminate the risks and reduce injuries and workplace accidents. The JSA technique helps increase productivity by identifying errors in the production process (8). In accordance with the instructions of the JSA method, a worksheet in three columns was designed in four steps. Before the implementation a team of experts (workshop supervisor, occupational safety officer, occupational health professional, production manager and skilled workers) was assembled to collect data. The JSA steps were as follows: Step 1: Selecting the job to be analyzed. Basicly, jobs should not be randomly selected for analysis. But they are prioritized by taking into account factors including the history of accidents or the risks of the job. In the present study, the expert team identified 15 sensitive positions with high potential damage to individuals and equipment by examining all job responsibilities and job positions in the cement industry. Then, the expert team performed an initial assessment focused on those 15 determined positions to continue the research process. Step 2: Dividing of the jobs into their constituent duties. Tasks are parts of a job that their fulfilment in the right sequence results in the completion of a job. To identify the successive stages of each job, the workers in that job were approached in order not to miss any task. Furthermore, in order to increase the precision, each job was observed several times. This step was used to complete the first column of the worksheet. Step 3: Identification of hazards in selected tasks. At this stage, the hazards of each task were highlighted by focusing on unsafe actions and conditions. This step was used to complete the second column of the JSA worksheet. Step 4: Determining preventive measures to control identified risks. At this stage, the controlling measures were presented using danger controlling strategies to complete the third column of the worksheet (9). In this study, the change based analysis technique was carried out after the JSA technique, in order to find the necessary changes needed to improve working conditions and safety in the workplace. In this technique, the contemporary conditions are compared to the ideal conditions, and the changes that must be made to achieve the ideal state are determined. The contemporary conditions are existing conditions that have some defects and can lead to an accident. But in ideal conditions, solutions have been made to overcome these defects so that those accidents are prevented. To implement this technique, a worksheet consisting of 6 columns had to be completed. In the first column, sub-tasks are assigned. In the second column, the risks associated with job tasks are specified. In the third column, the current job description is expressed in order to reveal the existing defects in the workplace. In the fourth column the ideal conditions, in which solutions are performed for defects are identified. The fifth column of the worksheet is completed using words named applied terms for change. These words questions include who, what, when and where they were. These words are used to specify the type of change necessary to achieve ideal conditions. In fact, these words determine the type of necessary change for a person or place or time or method. In the last column of the analysis worksheet, the changes appropriate to the applied terms are listed, and suggestions are given (10). After completing the worksheets for each technique of the assigned tasks, information was entered into Excel 2010 software and the results were reported.

Results

Completion of JSA tables and change based analysis revealed the total number of identified hazards in the plant to be 90, with mechanical hazards of 35.55% prior to other hazards (Figure 1). Table 1 shows the number and percentage of mechanical hazards. As the table shows that the exposure to high levels of noise (25%)
was the highest mechanical hazard and thus was rated as the first priority (Table 1). Overall, 197 outcomes were reported as a result of actual exposure, of which 102 (51.77%) were financial outcomes, with 45.68% impact on human health and 2.53% on environmental issues (Table 2). The causes of potential hazards in the factory were observed in a total of 239 cases, which were classified in four categories; human, management, structural and design hazards (Figure 2). Among the human causes, fatigue (12.03%) had the highest rate (Table 3). A total of 188 cases required changes to the factory to achieve the ideal conditions. These changes were grouped into three categories included management, design and structural changes. Managerial changes (77.65%) comprised the majority of required changes in the factory (Figure 3).

**Discussion**

The purpose of this study was to analyze job safety and to inspect the changes in one of the central cement factories in Iran. Among the identified hazards, mechanical hazards (35.55%) were the most frequent hazards. In the study by Dastgerdi, mechanical hazards
were also found to be contributed to the risks (11). In the study by Ebrahimzadih et al., 11% of the identified risks were related to the collision with moving equipment in mines (12). One of the reasons for the high percentage of mechanical risks is the lack of automation in sectors including bag loading, which resulted in the use of excessive manpower in these sectors. Another reason is the lack of manpower in the factory, which makes the current forces have more workload and each person has the same responsibility as several other people, which causes excessive fatigue, rush, and inaccuracy, and can result in accidents. Automating the parts that can be automated is therefore helpful in reducing the number of these hazards. Additionally, increasing the number of manpower to the required level can prevent the pressure on the current staff. In the study by Dastgerdi, automation of some parts and use of trained and experienced forces were presented as measurements to reduce and prevent mechanical hazards (11). The second important hazard after mechanical hazards was the risk of contact with chemicals (20%). This was due to lack of personal protective equipment, especially gloves and masks when working with chemicals including oil and grease. Heydari et al. evaluated the health risks of contact with chemicals and use of personal protective equipment and identified contact with chemicals, and lack of management emphasis on the use of personal protective equipment as the most important parameters (13). However, according to the current study, the affective factors including the inappropriateness and inefficiency of personal protective equipment, the appearance of a protective device and the lack of knowledge chemicals complications. Therefore, exposing workers to long-term and short-term

### Table 2. Number and percentage of each outcome

<table>
<thead>
<tr>
<th>Outcome definition</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial</td>
<td>102</td>
<td>51.77</td>
</tr>
<tr>
<td>Human causalities</td>
<td>90</td>
<td>45.68</td>
</tr>
<tr>
<td>Environmental</td>
<td>5</td>
<td>2.53</td>
</tr>
</tbody>
</table>

*Figure 2. Percentage of causes identified hazards in the cement factory*
Table 3. Number and percentage of human causes of identified hazards in the cement factory

<table>
<thead>
<tr>
<th>Human causes</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>16</td>
<td>12.03</td>
</tr>
<tr>
<td>Distraction</td>
<td>15</td>
<td>11.27</td>
</tr>
<tr>
<td>Not using safety equipments</td>
<td>13</td>
<td>9.77</td>
</tr>
</tbody>
</table>

Figure 3. Number and percentage of changes in the cement factory

contact with chemicals and providing appropriate PPE can help reduce the risks of hazards. Ardestish et al. also reported the need to use personal protective equipment as a means of identifying and prioritizing risks (14). Electrical injury was ranked third with 14.44% prevalence. In a study by Kouhnavard et al. who assessed the safety and health risks in the Affiliated Agency to Iran Khodro Company, it was shown that the risk of electrical injury is one of the identified risk priorities (15). In the study by Mohammadi et al. the risks were assessed in the school equipment manufacturing factory and the highest risk was found to be related to electrical injury at workstations (16). According to the studies conducted in this factory, the risk of electrical injury was more noticeable to the factory employees due to the high work load and insufficient number of manpower in the unit, as well as lack of alternate work force for supervision of sectors at the time of personnel leave. The findings of this study also identified a worsening probability of electrical injury among employees. Thus, an increase in the number of forces and allocation of alternative forces for the absence of sector managers can help reduce the risk of these hazards. According to the mechanical risk results, the exposure to high levels of noise (25%) was higher than the other mechanical hazards. Dehghan et al. reported that the exposure to noise in a petrochemical complex was reported by 63% of the employees (17). One of the reasons for high mechanical risk of noise is abandoning earplugs due to rush and the need to clean the plugs every time they were used. It is therefore necessary to make workers aware of the hazards of long-exposure to loud noise and provide workers with ear muffs rather than earplugs. A total of 239 causes of potential hazards in the factory were reported in 4 categories of human, management, structural and design hazards. Human causes (55.64%) were the most
frequent and important hazards. The lack of automation of the various parts of the plant and, consequently, the exploitation of a large number of manpower are the causes high probability of potential human casualties. Among the human causes, fatigue had the highest rate (12.03%). The cause of fatigue can be the lack of manpower in various sectors of the factory, because each worker had enormous responsibilities. In many studies, occupational fatigue has been reported as a major contributor to human error and occupational accidents (18-21). The changes implemented in the factory were designed to fulfill the ideal conditions of 188 cases and were divided into three categories of management, structure and design. Management changes with emphasis on securing and preventing incidents require immediate measures. In the study by Cheng, management support for proper safety practices was identified as one of the factors to minimize occupational accidents (22). In the second place, structural changes (13.29%) were the most prevalent indicating the importance and quality of personal protective equipment in preventing accidents. Cheng also stated that appropriate selection of workers in accordance with working conditions and the provision of suitable and standard personal protective equipment would be effective in reducing the incidence of accidents (22). In the study by Malakouti et al., inspection and maintenance of equipment was reported as an effective ingredient in reducing the risk level (23).

Conclusion

According to the results of this study, mechanical hazards are of major safety and health hazards in jobs in the cement factory based on the two assessment techniques. Therefore, use of control measures including the provision of appropriate personal protective equipment, automation of units with small manpower and implementation of the desired changes can reduce the level of identified hazards.

Ethical disclosure

Not applicable.

Acknowledgements

The authors of this article would like to express their gratitude to the management and personnel of the cement industry of Fars province.

Author contributions

All the authors have accepted responsibility for the entire content of this submitted manuscript and approved submission.

Conflict of interest

The authors declare there is no conflict of interest.

Funding/Support

None declared.

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